



"Please print this Study Guide (6 pages). Then tape the first page to your wall as a reminder to dial in...."

~ Paul Sterling and Kristin Denton,
the Magic Relationship Method

“Have You Had Your ROS (Relationship Operating System) Checked Lately?”

The Free ROS Teleseminar

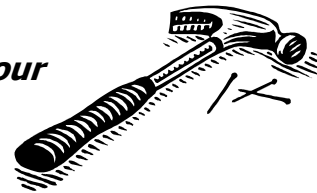
4 Tips to Get the Most Out of This Call...

- 1) Print out these sheets so you can **write** on them and follow along as you listen to this call.
- 2) Think of how to quickly **implement** the astounding information revealed on the call.
- 3) Make a deadline to **complete** at least three of the tips you'll learn on the call.
- 4) Start imagining all the different situations in which you will use what you learn. Imagine how much **more love, intimacy and understanding you will create....**

SPECIAL NOTE: This teleseminar starts on time according to www.time.gov so please dial in 5 minutes early so you don't miss anything. Your courtesy will be most appreciated. ☺

You are about to learn the communication tools to rock your relationship...

Remember... if the only tool you have in your toolbox is a hammer... everything looks like a nail!



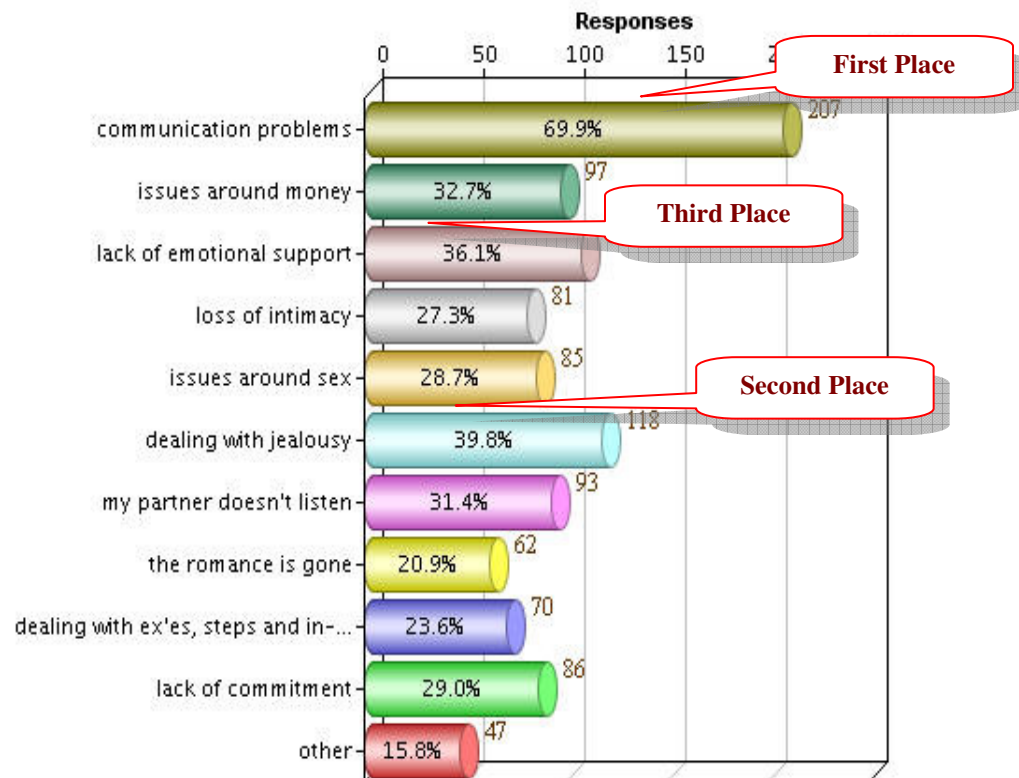
toolbox is



Get ready to have a very powerful, flexible and effective communication toolbox.

From the Relationship Survey:

What causes most of your relationship problems?



The Magic Relationship Method Love Beliefs Questionnaire

Rate yourself from 1 – 10 with regard to each of the following statements.
1 = 100% Disagreement up to 10 = 100% Agreement.

Finances/ Money

- _____ I know how my parent's fear about money has impacted my relationship.
- _____ Conversations about money normally end up in arguments and misunderstandings.
- _____ It is a man's role to provide for the family.
- _____ In my relationship, it's easier to avoid talking about money than it is to discuss it.
- _____ The person who makes the most money should have most of the say on how it's spent.
- _____ TOTAL

Sex Life

- _____ Wanting a great sex life means that I'm not enlightened.
- _____ It's too embarrassing to ask for what I want and don't want in the bedroom.
- _____ I should only do sexual acts with which I feel comfortable.
- _____ If my partner wants to try new things in bed, it means our sex life isn't good enough.
- _____ If my partner really loved me I wouldn't have to ask for what I want in bed.
- _____ TOTAL

Open and Honest Communication

- _____ Good communication is not really a skill that can be taught.
- _____ If you don't have something nice to say, then don't say anything at all.
- _____ If I get emotionally intimate with somebody, they won't like who I really am.
- _____ Talking about feelings and needs means I am weak and needy.
- _____ Talking about everything in the relationship takes too much time and energy.
- _____ TOTAL

Love, Commitment and Fidelity

- _____ If my partner gives a lot of attention to someone else, I feel jealous.
- _____ Learning new relationship skills takes too much time and energy.
- _____ To have a really good relationship takes too much work.

_____ It's more comfortable to be alone than to be intimate and vulnerable.

_____ If I become close and intimate with somebody I might lose them.

_____ TOTAL

Help, Support and Appreciation

_____ It's a woman's responsibility to talk about the emotional stuff in a relationship.

_____ If somebody really loves you, you shouldn't have to change yourself for them.

_____ Striving for a connected relationship won't allow much time for anything else in life.

_____ If you really let your lover know how important they are to you they will take advantage of you.

_____ To be in a really good relationship, you have to change people so that you can be together.

_____ TOTAL

Baggage Handling (your & theirs)

_____ Given my past and my baggage, it would be difficult for me to be intimate with somebody.

_____ I would never disclose to my partner the things I perceive as weaknesses -- like my jealousy, that I am obstinate or that I am obsessive.

_____ I would never disclose to my partner things I've done in the past that I am ashamed of, such as cheating, lying or petty theft.

_____ I would never reveal to my partner how I feel about my appearance and sex appeal.

_____ My partner should work out their past and stop bringing it up.

_____ TOTAL

Jealousy

_____ If I give a lot of love to one person, it means someone else is going to get less of my love.

_____ If your partner really loves you, they should stop talking to past lovers and exes.

_____ your partner should only focus their attention on you at parties or social events.

_____ Your spouse's jealousy is their problem and they should just get over it.

_____ If the person I love gives someone else their time and attention, there is less for me.

_____ TOTAL

The Magic Relationship Method:

Compassionate Communication for Couples

If you are experiencing issues around money, jealousy, emotional support and communication in your relationship, you've come to the right place.

Paul Sterling and Kristin Denton teach the Magic Relationship Method -- a simple system that includes:

- ◆ **“The 5 Heart Breaking, Intimacy-Destroying, Relationship-Wrecking Communication Mistakes”** -- the pitfalls to avoid in couples communication.
- ◆ **“The 4 Steps To Instant Intimacy and Understanding”** -- the pro-active, empowering process that allows you to express yourself confidently and effectively... and allows you to understand the feelings and needs of your partner, no matter how poorly they express themselves.
- ◆ **“The Seven Secret Keys to a Magic Relationship”** -- the tips, tools and techniques to improve your relationship, no matter where it's at now.

“After just the initial two-hour session of this workshop my husband and I were able to use those tools on our own upsets. We were an hour and a half into our drive home when I realized we were talking about our toughest issues with calm compassion and understanding instead of upset and hurt. Thank you so much for such an amazing gift.” C.S. -- Estes Park, Colorado

This communication method isn't taught in school, but it should be. Everybody needs **a way to communicate through the tough moments in life**. We learn how to read, write and speak English in our Language Arts classes. But what you've never been taught is HOW to use your English to create connection and compassion instead of upset and strife.

Just imagine how much calmer and more confident you will be in your interactions knowing that you have a way to handle the situation!

- ◆ Increase the amount of love, intimacy, affection and gratitude you both feel.
- ◆ Handle the "Hot Buttons" you always avoid or always fight about... like intimacy, house work, money, steps, exes and in-laws.
- ◆ Ask for what you want... both in and out of the bedroom... and GET IT!

"Truly transformational -- I came here in turmoil, disconnected and feeling hopeless. But through this workshop, I now feel more connected and appreciative to my beloved than ever. My inner peace and capacity for love are stronger than I imagined they ever could be I am grateful." Jerome -- Golden, Colorado

- ◆ Handle your partner's emotional baggage, and you own... so it doesn't ruin your relationship, but brings you closer instead.

- ◆ Talk about painful and important issues openly and honestly without taking things personally,
- ◆ Discuss what's upsetting you in a way that actually creates more intimacy,

Learn the "Magic Relationship Method" In Any One of the Following Ways...

If you're excited about having all the benefits of a **better way to communicate** -- increased trust, honesty, intimacy, understanding and fewer upsets and misunderstandings with your loved ones – we invite you to choose one of the following options for learning the Magic Relationship Method.

Option A

Our eBook. "The 5 Most Common Heart-Breaking, Intimacy-Destroying, Relationship-Wrecking Communication Mistakes" is a relationship life-saver. It's easy to understand and easy to use.

Option B

MP3 recordings. Listen when you want, where you want, as many times as you want.
http://www.magicrelationship.com/new_site/mp3/index.html

Option C

Live Tele-classes. Want more participation in the learning process? The telephone conference calls include a Q&A time and role playing of difficult communication situations using the four step process -- all from the comfort and privacy of your own home, over your phone.
http://www.magicrelationship.com/new_site/part2.html

Option D

Live Seminars. Come to Colorado and immerse yourself in two days of learning, participation and practice. It's better for your relationship than a vacation – you'll go home with the tools you need to create your relationship heaven. Bring your partner and fall in love again.
http://www.magicrelationship.com/new_site/part3.html

Option E

1-On-1 Coaching. Have a burning issue that needs to get handled right away? Set up a session with Paul or Kristin for immediate coaching on some new communication options.
http://www.magicrelationship.com/new_site/part4.html

If you have any question about which of the above options might be best for you, please don't hesitate to call Paul or Kristin at 970-586-7734. Just leave a message if we're out and we'll get back to you.

To the Best of Relationships!

Kristin Denton and Paul Sterling
The Magic Relationship Method