

Welcome To the Relationship Magic Series....



Class #1

"The 5 Heart-Breaking, Relationship-Wrecking Communication Mistakes"

Class #2

"The 4 Steps to Heart Opening Intimacy"

Class #3

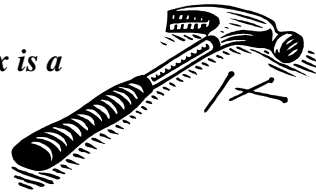
"The 7 Keys to Relationship Magic"

3 Tips to get the most of these recorded classes...

- 1) Print out these sheets so you can follow along and take notes as you listen to these live recorded interviews-classes.**
- 2) Practice, practice and practice ... listen several times to get the most out of each class.**
- 3) Commit to taking action, as you get your 'ah ha.' Write it down and decide what you will do with it.**
 - What will you do?**
 - Who will you share these tools with?**
 - When?**

Get prepared to learn the communication tools to rock your relationship...

Remember... if the only tool you have in your toolbox is a hammer... everything looks like a nail!



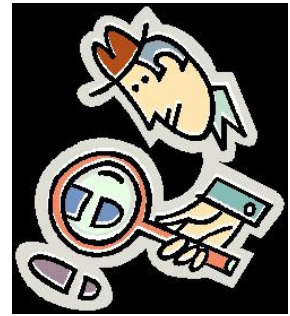
Get ready to have a very powerful, flexible and effective communication toolbox.

Tools that can:

- 1) Resolve conflicts quickly*
- 2) Quickly and easily clear up misunderstandings*
- 3) Handle 'Hot Buttons'*
- 4) Talk about tough issues without 'taking it personally or making it personal'.*
- 5) Develop more cooperation and support at home*
- 6) Create instant intimacy and understanding*
- 7) Listen so your partner wants to open up and talk honestly*
- 8) Talk in a way that your partner wants to really listen and understand*

And MUCH, MUCH, MORE

Mistake #1, Case Building



I know I am Case Building when I...

I know I am Case Building when the words I use are...

The price paid for Case Building is...

An example of a time when I used Case Building is...

Mistake #2, Story Telling



I know I am Story Telling when I...

The price paid for Story Telling is...

An example of a time when I caught myself Story Telling is...

What I can do instead of Story Telling...

Mistake #3, Message Assuming



I know I am Message Assuming when I...

The price paid for Message Assuming is...

An example of a time when I caught myself Message Assuming is...

What I can do instead of Message Assuming...

Mistake #4, Cup Stuffing



I know I am Cup Stuffing when I...

The price paid for Cup Stuffing is...

An example of a time when I caught myself Cup Stuffing is...

What I can do instead of Cup Stuffing...



Mistake #5, The Fatal F's Fixing, Fighting and Fleeing

I know I am Fixing, Fighting or Fleeing when I...

The price paid for Fixing, Fighting or Fleeing is...

An example of a time when I caught myself Fixing, Fighting or Fleeing is...

What I can do instead of Fixing, Fighting or Fleeing is...

Homework... Home PLAY
***Identify and record anytime over the next week when
you find yourself making any of the 5 Mistakes***

Mistake #1, Case Building

Mistake #2, Story Telling

Mistake #3, Message Assuming

Mistake #4, Cup Stuffing

Mistake #5, The Fatal F's Fixing, Fighting and Fleeing